The Penny Challenge

Place a penny in your hand as you wake up. Do not remove the penny until you go to bed that evening. You may change the penny from hand to hand, but you may not put it down or in your pocket. Every time you are conscious that you are holding a penny, praise God for something. Pray for something or someone. Every time you realize you are holding that penny, make that moment a moment of worship. Sing. Pray. Thank. Then wash your hands because Penny smell weird.

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